

Orleans United Drug Free Communities Coalition Update

March 2015

Tobacco Products are NOW More Addictive and Deadlier than Ever

According to a study released in June by the Campaign for Tobacco Free Kids, tobacco is more addictive and dangerous than ever before, thanks to new designs and more additives. Since the Surgeon General's report was first released in 1964, 50 years ago, 20 million Americans have died from smoking. Even though the number of people smoking has decreased since then, tobacco is more dangerous than ever, with today's smokers having a much higher risk of developing lung cancer and chronic obstructive pulmonary disease than ever before. This is not by accident. Over the past few decades, the American tobacco industry has added specific substances and designs to make cigarettes more appealing to youth, while at the same time making tobacco more addictive. As if these aren't enough reasons for you to not smoke cigarettes, you can read the full report at: www.tobacco-freekids.org.

Upcoming Events

March 13-*Healthy Kids Day*, YMCA-Medina 6-8 pm
March 16-*Community Board Meeting*-GCASA 9am
March 18-*Responsible Server Training (RST)*
GCASA 6 -9 pm
March 18-*Family Swim*-Wise Middle School-6:30pm
April 1- *Active Parenting Classes*-GCASA- 6:30-8pm
April 1- *Children of Addictions Support Groups* -
GCASA 6:30-8 pm

Drug Take Back Day

Turn in unused, expired, pet, sharps or over-the-counter medication for safe disposal.

Saturday, April 25, 2015 10am- 2pm
at the following drop-offs:

Holley Fire Department, 7 Thomas Street, Holley
Medina Fire Department, 600 Main Street, Medina
Public Safety Building, 13925 State Route 31, Albion
Proper disposal of unused drugs saves lives and protects the environment.

Orleans United DFC Coalition was selected by the Substance Abuse and Mental Health Services Administration (SAMHSA) to receive a **\$500 stipend** to support a National Prevention Week event May 11-16, 2015. This year's theme — The Voice of One, the Power of All— recognizes that the words and actions of one person can make a positive difference in the lives of others. Together, we can achieve even more.



Each April since 1987, the National Council on Alcoholism and Drug Dependence sponsors *Alcohol Awareness Month* to increase public awareness and understanding, reduce stigma and encourage local communities to focus on alcoholism and alcohol-related issues. This April NCADD highlights the important public health issue of underage drinking, a problem with devastating individual, family and community consequences. Reducing underage drinking is critical to securing a healthy future for America's youth and requires a cooperative effort from parents, schools, community organizations, business leaders, government agencies, alcohol retailers and young people themselves.

25th Anniversary of Smoke-Free Air Travel



Smoking or non-Smoking? It's been more than two decades since Americans were asked this question when booking a flight. That practice ended 25 years ago on February 25, 1990 when a new federal law made all domestic airline flights smoke-free.

This law not only protected thousands of flight attendants and millions of travelers from the harms of secondhand smoke – it was the groundbreaking step that set the stage for smoke-free workplace laws across the country.

Orleans United

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Home Exposure Still a Problem

Even though more than 4 out of 5 households in the US have adopted smoke free rules, secondhand smoke exposure in the home is still a problem. The home remains the major source of secondhand smoke exposure for children. The Surgeon General has indicated that making indoor spaces smoke free is the only way to provide nonsmokers with complete protection from secondhand smoke.

Parents can ensure their homes and vehicles are smoke free and keep their children away from public places where smoking is allowed. Housing authorities and landlords can make their properties, especially multiunit buildings, smoke free to protect the health of all residents.

Cities and states can pass smoke free laws to protect non-smokers in all indoor workplaces, restaurants, bars, and casinos, and can work to increase availability of smoke free multiunit housing. By working together, individuals and communities can eliminate the serious health hazards that can result from exposure to secondhand smoke.

Kudo's to Jennifer Nenni, Property Manager at Northwood and Creekside Apartments for implementing smoke-free multi-unit dwellings in Orleans County.

Orleans United DFC Coalition Community Board Members

Jan Albanese
Nola Goodrich-Kresse
Scott Wilson
Andrea Piotrowski
Jeannine Larkin
Marsha Rivers
Wayne Litchfield
Nicole Struble
Sam Roskowski
Paul Fulcomer
Sue Metz
Robert Batt
Lorienda Smith

Thank you for your guidance and
commitment

Adolescent Tobacco Use Prevention Act (ATUPA), is the regulatory arm of prevention of the sale of tobacco products to youth under 18 years of age. The Health Department provides information and resources to vendors who sell tobacco or nicotine products as regulated by the New York State Department of Health. Trainings are provided for vendors to teach their employees how to be observant and remain in compliance with the public health law. Compliance surveys are held periodically throughout the year to determine proper signage, licensure and that the vendor is not selling regulated products to all youth under 18 years of age.



WNY Prevention Resource Center Capacity Building Training

By forming a coalition to tackle the issue of reducing substance abuse and related problems, your community has asserted a commitment to increasing public health and well-being. Community coalitions are a powerful strategy to harness local resources and implement multidimensional strategies necessary to address local community concerns. Successful coalitions distribute their directions, resources and activities across multiple stakeholder groups, all with a common vision. What is coalition capacity? Why is capacity important and what does strong membership look like? Come figure out who the coalition needs around the table and cultivate the engagement of stakeholders, so the coalition can use members' skills and resources appropriately.

Save The Date: Monday, May 4, 2015
Hoag Library, 134 S. Main St. Albion
Breakfast/Networking: 8:30am-9am
Training: 9am-11am
Please RSVP to pcrowley@gcasa.org



Special Thanks to Cornell Cooperative Extension for allowing us to use space for our meeting.

If you are able to host a future meeting contact Teresa or Pat.